

CONDITIONS

Rates apply between 1st November 2015 and 31st October 2016. Reservations can be made according to the availability of Penina's professional team. The rates will be charged as a supplement to the issued room rates. Rates are subject to change without prior notice.

Information stated within this guide may be altered without prior notice. For information and reservations, please contact the golf shop. ext.: 4346 / 4347 / 4348.

ACCESS

Alvor Beach 4 km / 5 minutes
Portimão 5 km / 5 minutes
Lagos 14 km / 20 minutes
Faro International Airport 60 km / 45 minutes



**PENINA HOTEL
& GOLF RESORT**

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A Member of JJW Hotels & Resorts



PENINA HOTEL & GOLF RESORT

Golf Academy Programme



MEET OUR PGA GOLF PROFESSIONALS

Our resident PGA Professionals, J. Lourenço and J. Marcelino are on-hand to provide expert knowledge and guidance to golfers of all skill levels. Both our professionals can provide private lessons and tailored tuition and clinics.

PRIVATE LESSONS

30 minute lesson	€ 38
1 hour lesson	€ 60

JOSÉ LOURENÇO

José Lourenço is a native of Portugal and has been imparting his extensive golf knowledge at Penina for over 35 years. He worked as Sir Henry Cotton's assistant for six years, he was the assistant to British PGA player, Mr. Wilson, for three years; and has also worked with professionals like Dick Greenway, Peter Jones, Howard Bennett and former Ryder Cup player, Peter Dawson. In 1999, José was presented with the Teaching Professional of the Year award by Algarve Golf. Lourenço's teaching ability allows him to work with golfers of varying skill levels and will always find ways to improve a golfer's technique or gameplay. He is fluent in Portuguese, English, French and Spanish and even speaks a little Italian and German.

JOSÉ MARCELINO

José Marcelino, like his fellow Penina resident, once worked as an assistant to Sir Henry Cotton, and he turned professional in 1983. Marcelino began working as a PGA Professional at Penina Academy in 1991, successfully mastering many of golf's most complex aspects. He has played in many pro tournaments, including the Portuguese Open, Portuguese Professional Golf Tour, along with several pro-ams. Marcelino's skills include putting, short game, long game and driver techniques, though his speciality is bunker play. He is fluent in Portuguese, English, French and Spanish and speaks a little Italian and German.



BEGINNERS GOLF CLINIC - € 300 *

Teaching Programme:

Brief seminar focused on swing models and concepts
Work on balance, motion and hand placement
Shot selection using the appropriate club
Basic rules and course etiquette
Long game tuition
Introduction to chipping, pitching, Bunker shots and putting
Video Analysis of the students' form

Inclusions:

2 hours x 5 days Golf Tuition with Penina PGA Professionals
One game on the Academy Course with the Pro
Unlimited Driving range balls during the clinic
Free hand trolley & set of clubs
Certificate presentation at Sir Henry Cotton Club

DAY 1

Morning meeting and Golf Clinic briefing

Work on balance, motion and hand placement

Introduce the full swing

DAY 2

Recap of the first day

Introduction to the long game

Introduce basic rules and course etiquette

DAY 3

Recap of the second day

Long game work

Video Analysis of students' form

Debriefing, including Q&A

DAY 4

Introduction to short game, including: chipping, pitching & bunker play

Long game work

DAY 5

Debrief and summary of tuition over the previous 5 days

One game on the Academy Course with the course Pro

Certificate presentation at the Sir Henry Cotton Club

2 person minimum, 6 maximum

3 DAY ADVANCED PLAYERS GOLF CLINIC - € 180 *

Teaching Programme:

Short game, including: pitching, chipping, bunker play & putting
Long game
Video Analysis of students' form
Competition day supervised by the course Pro

Inclusions:

2 hours x 3 days Golf Tuition with Penina PGA Professionals
Unlimited Driving range balls during the clinic
Free hand trolley & set of clubs
1 green fee per day on all 3 Courses
Reception at Sir Henry Cotton Club

DAY 1

Morning meeting and Golf Clinic briefing

Golf Swing analysis

Long Game

DAY 2

Recap of the first day

Video Analysis

Short game work, including: chipping, pitching & bunker play

DAY 3

Short game work: putting

Debrief and analysis of the 3 day course

Certificate presentation at the Sir Henry Cotton Club

2 person minimum, 6 maximum



5 DAY ADVANCED PLAYERS GOLF CLINIC - € 280 *

Teaching Programme:

Short game, including: pitching, chipping, bunker play & putting
Long game
Video Analysis
Competition day supervised by the course Pro

Inclusions:

2 hours x 5 days Golf Tuition with Penina PGA Professionals
Unlimited Driving range balls during the clinic
Free hand trolley & set of clubs
1 green fee per day on all 3 Courses
Reception at the Sir Henry Cotton Club



DAY 1

Morning meeting Golf Clinic briefing

Golf swing analysis

Long game work

DAY 2

Recap of the first day

Video Analysis

DAY 3

Short Game work, including: chipping, pitching & bunker play

Debrief, including Q&A

DAY 4

Short game work: putting

Long game work

DAY 5

Debrief and summary of tuition over the previous 5 days

Competition on the Championship Course supervised by the club Pro

Certificate presentation at the Sir Henry Cotton Club

2 person minimum, 6 maximum

JUNIOR GOLF CLINIC (AGES 7 TO 16) - € 180 *

Teaching Programme:

Brief seminar focused on swing models and concepts
Work on balance, motion and hand placement
Shot selection using the appropriate club
Basic rules and course etiquette
Long game tuition
Introduction to chipping, pitching, bunker shots and putting
Video Analysis of the students' form

Inclusions:

1 hour x 5 days Golf Tuition with Penina PGA Professionals
One game on the Academy Course with the course Pro
Unlimited Driving Range balls during the clinic
Free hand trolley & set of clubs
Certificate presentation at the Sir Henry Cotton Club

DAY 1

Morning meeting and Golf Clinic briefing

Work on balance, motion and hand placement

Introduce the full swing

DAY 2

Recap of the first day

Introduction to the Long Game

Introduce basic rules and course etiquette

DAY 3

Recap of the second day

Long game work

Video Analysis of students' form

Debriefing, including Q&A

DAY 4

Introduction to short game, including: chipping, pitching & bunker play

Long game work

DAY 5

Debrief and summary of tuition over the previous 5 days

One game on the Academy Course with the Pro

Certificate presentation at the Sir Henry Cotton Club

2 person minimum, 6 maximum

* Prices per person and program, including VAT.